

F S M NEWS

FSM exists to lead teenagers in a growing relationship with Jesus Christ

June

June 5- FSM SUMMER KICKOFF
Sunday Morning -10:00 am

June 10- Movie in Park - Minions
Bport City Park; meet at 7:00 for
frisbee/soccer, movie to follow

June 12- FSM Sunday Morning

June 19- FSM Sunday Morning
June 19-23 - Laurel Lanes VBS
service opportunity, see pg. 2 for
details

June 24- FBC Picnic in Park
Bridgeport City Park

June 26- FSM Sunday Morning

July

July 3- FSM Sunday Morning

July 10- FSM Sunday Morning
July 10-FBC Baptism
Maple Lake, talk to Andrew if
you're interested in getting baptized

July 15- Movie in Park - Inside Out
VA Park; meet at 7:00pm for
Mini-Golf before, movie to follow

July 17- FSM Sunday Morning

July 21- FBC Picnic in Park
Nutter Fort Park

July 24- FSM Sunday Morning

July 31- FSM Sunday Morning

August

Aug 7- MOVE UP SUNDAY



FSM SUNDAY MORNING GATHERINGS

FOR ALL STUDENTS FINISHING 6th-12th Grades

We will continue to meet weekly on **SUNDAY MORNINGS** throughout JUNE and JULY. FSM Sunday Morning Gatherings are for teens who just finished 6th-12th grades, and their friends. We'll start at 10:00 am with some breakfast-y snacks, and our weekly gatherings will mix fun programming, time to hang with friends and make new friends, worship by our student worship band. Each week we'll dig into God's word and also spend time deepening friendships and discussing how to apply God's word in groups.

During our summer teaching series, **Summer Days**, we'll challenge students to make this a summer of **significance!** By challenging students to be **intentional** with their time this summer by **invest** in their relationship with God, others, and serving our community, we hope this summer students can move from "checking out" to "making the most" of their time out of school!

Summer also brings with it a much different pace of life than the school year, and this summer we're hoping to help students grow relationships with each other and with the CREW at some community events, church picnics/baptism, and some other events (trail bike rides, pool parties, etc). Be sure to take a look at the calendar to the left to see when those things are happening! As details to various events happen, we'll be sure to let you know!



HELP NEEDED FOR SUMMER!

We want to provide some breakfast-y snacks for Sunday morning. Just go to www.takethemameal.com and sign up on the FSM Calendar. You'll need this info to sign up.

last name: FSM
and password: 376

Your partnership in this way is HUGE help to our ministry. Please consider signing up!



Church Baptism July 10
3-5 pm at Maple Lake.

If interested in getting baptized, please let Andrew know. We want to be sure you know what Baptism is all about, and make this a great experience!

As summer ministry happens, things can change on short notice! To stay in the loop, be sure to get connected! Follow us on Twitter, Facebook, or get direct text updates!



Shoot Andrew a text with your name and we'll get you on the list! 304-672-6506



Our community hosts some free movie nights, so let's join them. Families are invited too. Movies start at dusk/dark. Bring a blanket/chair, some snacks, and we'll see you there!

June 10 - Minions-Bridgeport Park- Come early @ 7:00 pm for an ultimate frisbee or soccer game!

July 15 - Inside Out - VA Park Amphitheater- Come early @ 7 for a round of mini-golf. \$5

SUMMER OUTREACH:

VACATION BIBLE SCHOOL @ the Laurel Lanes Community

Dates: June 19-23

Time: 2:00-4:30 pm



Join us as we serve with Lighthouse of Hope ministries in the community of Laurel Lanes. Looking for group leaders, worship team leaders, and I'm sure if you're available and willing, we'll find you a place to serve! **Contact ANDREW or JIM for more info.**

Details:

Sunday, June 19- Set up 5:00-7:00 pm

Monday-Wednesday— Carpool from FBC @ 1:00. VBS from 2:00-4:30, Return to FBC by 5:00.

Thursday—Carpool from FBC @ 1:00, VBS from 2:00-4:30, Community Cookout @ 5:00. Return to FBC around 6:30



Church Picnics are happening, and we hope you plan to attend! Be sure to see official details on the church Facebook page, but you can get this on your calendar now!

June 24—Bridgeport City Park

July 21—Nutter Fort Park

PARENT CORNER

a little resource to encourage you as you lead your teen

Parenting with A.W.E.

By **Jim Burns** · March 1, 2016

Published in **Families, A.W.E., Adolescence, Parenting**



One of the primary goals of parenting is to help our kids become responsible, independently functioning adults. One of the greatest gifts we can give our kids is the support and guidance along the way that helps them become responsible adults. Not many parents disagree about the importance of these issues. Still, many parents struggle with how to provide the help and guidance necessary for building responsible teenagers – and especially when their kids are being difficult.

Unfortunately, some parents turn to shame-based parenting in an attempt to motivate their kids to become responsible. Shame-based parenting takes place when parents attempt to influence their children's behavior through shaming, nagging, and negativity. This simply does not work in the long run. Shame-based parenting may gain initial victories, but in the end, it is a short-term parenting strategy. It does little to help teenagers become responsible over the long-term.

I'd like to suggest a long-term parenting strategy that I believe is effective. I call it "Parenting with A.W.E." "A.W.E." stands for Affirmation, Warmth and Encouragement. I strongly believe that parenting with A.W.E. is made possible by loving your kids unconditionally – even as Christ has demonstrated His own love towards each of us.

A – AFFECTION: Affirm your teen whenever possible.

A study from UCLA revealed it takes eight to ten meaningful touches a day for a person to thrive. Kids need a lot of appropriate and loving touch. If they don't receive it from their parents, there's a good chance they will look elsewhere – and to others – in order to meet their need for affection. Even if your parents didn't show lots of affection to you, get past it and be the transitional generation who brings affection to your children. Jesus was a master of communicating love and personal acceptance. Even with the constant demands for his attention, he took time to show love and affection to children by blessing and holding them. Through his actions, he demonstrated his knowledge of the genuine need children have for affection. Parents are a physical extension of God's love.

W – WARMTH: Demonstrate affection towards your teenager.

Make it your goal to create a home environment full of warmth. You may be saying, “My adolescent isn’t exactly the perfect example of love, affection, and devotion.” I’m sure you’re right; so start by taking “baby steps.”

Taking baby steps means that if you have behavior issues to discuss with your teenager when he or she gets home from school – wait. Instead, take your kid out for his or her favorite food. Don’t bring up your issues. Instead, spend your time talking and listening to anything your teenager wants to talk about. Don’t ask probing questions. Don’t make accusations. Talk with your son or daughter the way his or her friends would talk with him or her. Your teenager, of course, will be waiting for the hammer to drop, but bite your tongue and don’t drop that hammer. Keep the conversation warm and friendly. When you are finished, give your teenager a hug and tell him or her how much you enjoyed being together. You still have your issues, don’t you? So now, after some hangout time with your teenager, ask him or her when would be a good time to go over some of those issues. You’ll usually get a better reception. Remember, baby steps.

E – ENCOURAGEMENT: Provide lots of encouragement to your teenager.

Most often, the difference between kids who make it and kids who don’t is one caring adult. Even if you struggle with your teenager, I challenge you to believe in them! Most teenagers suffer from low self-esteem – and I almost always see this in cases where teens struggle with their parents. Kids with low self-esteem tend to become irresponsible. They make poor decisions socially, in regards to drugs and sexuality – and academically. Kids with low self-esteem often act out rebelliously with their parents. Their move to a lower standard of behavior is often due to the way they perceive of themselves. Parents can make a huge difference in helping their teenagers become responsible by encouraging and affirming them, praising them and believing (even in the midst of struggle) in the person they can become. When your teen has wronged you, forgive them. Restore them. Move on. (See the story of Jesus and Simon Peter in the Gospel of John as an example of this.) Don’t withhold your emotional support from your teenager. Keep telling them that you love them – even when it’s hard to feel loving. Loving your teenager unconditionally is more than expressing feeling or words – it has much to do with action (see 1 John 3:18.) Build up your teenager. Strengthen them through your words and actions. Challenge them to become all that God has created them to be!



THINKING “ORANGE” As we continue to partner together in leading your teen in growing in their relationship with Christ, it is our desire to be a resource to you as a parent! I know that parenting is NOT easy (even though I don’t even have any kids yet). But we also know that we want to be a help to you, because we believe that you will have the greatest influence in your child/teenager/adult children’s lives. Trust us

on that one. We’re praying for you and we’re thankful that we get the opportunity to minister to your teenager and come alongside your family to influence them for Christ!